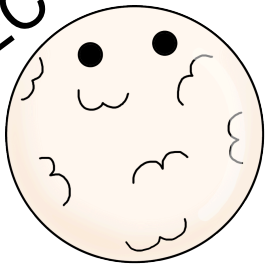
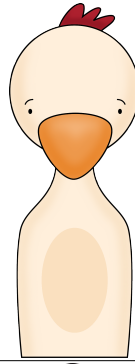


DIRECTIONS

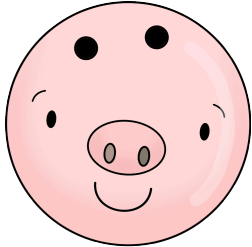


gutten ball!

SKIP YOUR TURN
(better luck next time!)

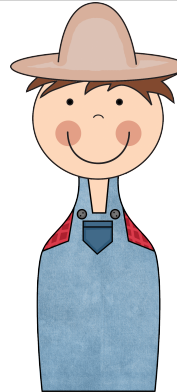


**cluck like a
chicken + flap
your wings**



spare!

You get TWO turns!



**turn around
and throw
the ball under
your legs!**



Uh-oh!

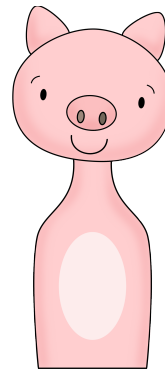
Your ball is stuck!
SKIP YOUR TURN



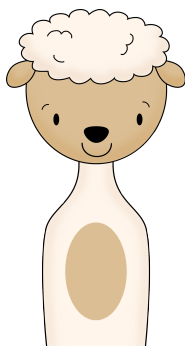
spin + gobble



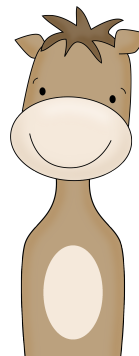
**moo and
crawl on all
fours!**



**roll around in
the mud, then
throw the
ball!**



**kick your left
foot three
times while
you baaaaa**



**gallop your way
to the starting
line + shout
yeehaw**



We're heading to the farm
And we're gonna bowl
Just move your arm
Then let it roll!



Oink, Baa, Neigh, Moo!
I'm having fun, how 'bout you?

DIRECTIONS:

1. Cut out cards, laminate, and place in them in a pile face-down.
2. Sing through the "Farm Bowling" song.
3. Have the first child pick a card from the top of the pile and find the corresponding picture on the "directions" sheet
4. The child then bowls while doing the movements/sounds listed.
5. Continue until everyone has a turn!
(You can sing the song between each turn or every other turn)

Adaptations:

- If you do not own a bowling set, or your child is unable to participate in the movements, you can use dice. Roll a die and if a "1" is rolled, 1 pin is knocked down (2 = two pins, etc.).
- Sing "Old Macdonald" instead of the 'farm bowling' song.
- Create your own list of one-, two-, or three-step directions, depending on the child's goals and abilities.
- For an extra challenge, flip over the "directions" sheet and see if they can remember the required movements/sounds.



