



## MUSIC THERAPY OPEN HOUSE!

### What is Music Therapy...

#### ...And How Can It Benefit My Child?

Music Therapists assess emotional well-being, physical health, social functioning, communication abilities, and cognitive skills through musical responses; design music sessions for individuals and groups based on client needs using music improvisation, receptive music listening, song writing, lyric discussion, music and imagery, music performance, and learning through music; and participate in

interdisciplinary treatment planning, ongoing evaluation, and follow up.

Music is a format in which the targeted word, phoneme, or concept can be easily added and highlighted in a way that is repetitive – providing many opportunities for the patient to hear and practice certain speech or language goals – and motivational for the patient, especially if the intervention incorporates instruments, visuals, and songs that are set up in a way that is engaging for their individual tastes and interests.

*If you have any more questions, please feel free to contact Rachel (see contact info below).*

### Definition

*Music Therapy is the clinical and evidence-based use of music interventions to accomplish individualized goals within a therapeutic relationship by a credentialed professional who has completed an approved music therapy program. (American Music Therapy Association, 2011)*

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Board-Certified Music Therapist



Rachel is a board-certified music therapist with a B.A. in communication disorders and a M.A. in music therapy.

To view her website, visit:

<http://musictherapyservices.net>